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MARGOT SUNDERLAND
Foreword by Jaak Panksepp
SCIENCE of
parenting

How today's brain research can help you
raise happy, emotionally balanced children

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But on top of the usual reactions, I also loved that unlike so many parenting books, Sunderland doesn't feel the need to address her advice to one parent (usually "mom," which, like most of my comments have already appeared in other reviews, like how I really dug the concept of not just offering advice, but explaining the neurobiological basis for said advice.

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psychologically well ...

Science of parenting. (eBook, 2006) [WorldCat.org]

The Science of Parenting by Margot Sunderland aims to show parents how current scientific research can help their child-rearing efforts. As Sunderland writes, It's both awesome and sobering to know that as parents we have such a direct effect on the actual wiring and long-term chemical balance in our children's brains.

Book Review - The Science of Parenting by Margot Sunderland

Margot Sunderland No preview available - 2006. The Science of Parenting: Practical Guidance on Sleep, Crying, Play, and ... Margot Sunderland, Jaak Panksepp No preview available - 2008. Common terms and phrases. able activate adults anger anxiety attention baby become behavior better bodily body bullying called calm capacity changes chemicals child child's brain childhood clear comfort ...

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Nonfiction Book Review: The Science of Parenting by Margot ...

Backed by the most up-to-date scientific research, The Science of Parenting, 2nd Edition provides evidence-based parenting advice about how you should care for your child, with practical strategies from birth to 12 years of age. Child psychotherapist Dr. Margot Sunderland has more than 30 years' experience that she brings to this internationally-acclaimed guide, and she provides numerous case ...

The Science of Parenting on Apple Books

Thinking about Parenting. A unique opportunity to hear the award-winning author of 'What Every Parent Needs to Know', Dr. Margot Sunderland present her latest thinking and research. The Science of Parenting: what every parent and child professional needs to know; Healing troubled parent-child relationships

Presentations

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